

Newsletter

Volume 7 - Term 2 - 2026



Principal's address

Dear Parents and Caregivers,

Community Day was a wonderful celebration of our school community, with families, students, and staff coming together for an enjoyable afternoon of activities and connection. It was fantastic to see so many members of our community engaging with one another and making the most of the opportunities to spend time together in such a positive atmosphere.

Our students thoroughly enjoyed the range of activities on offer, and it was pleasing to see friendships strengthened and new connections formed among families and staff. Events such as these highlight the strong sense of community that makes our school such a special place.

A special thank you goes to the UWA student social workers for organising and leading the afternoon. Their enthusiasm, care, and commitment to creating meaningful opportunities for community engagement were greatly appreciated and contributed significantly to the success of the event.

Thank you also to all families, staff, and volunteers who attended and supported the afternoon. We are grateful for the continued support of our wonderful school community.

P and C Day

On Thursday 22 May, our school community came together to celebrate P&C Day and acknowledge the valuable contribution our P&C makes to our school. The day provided an opportunity to recognise the dedication, generosity, and ongoing support of our P&C members, whose efforts greatly enhance opportunities for our students and strengthen our school community.

We sincerely thank our P&C for the time, energy, and commitment they invest in supporting school programs, events, and initiatives throughout the year. Their work behind the scenes often goes unseen, but it has a significant and positive impact on our students, staff, and families.

We are incredibly fortunate to have such a supportive and hardworking P&C and appreciate the strong partnership they continue to foster within our school community.

Dates to Remember

Wednesday 27 May

National Simultaneous Storytime – Luna Roo

27 May – 3 June

National Reconciliation Week

Monday 1 June

WA Day – Public Holiday

Friday 5 June

Assembly – Room 6 & 7
Newsletter – Room 13

Wednesday 10 June

First Responders Day

Friday 19 June

Newsletter – Room 13
Faction Cross Country Yr 1-6

Ashburton Drive Primary School

6 Nullagine Way
Gosnells WA 6110
9234 6300

AshburtonDrive.PS@education.wa.edu.au

School hours

Start: 8:45am
Recess: 10:55am – 11:15am
Lunch: 1:15pm – 1:45pm
Final bell: 2:45pm

School Board

On Wednesday evening, the School Board met to discuss a range of important matters relating to our school community and future planning. A significant focus of the meeting was the ongoing consultation and discussion surrounding the school's Social Media Policy and Student Wellbeing Policy.

Board members engaged in thoughtful and constructive conversations about how we can continue to support student wellbeing while ensuring our policies reflect the values, expectations, and responsibilities of our school community. The discussions highlighted the importance of maintaining safe, respectful, and supportive environments.

The School Board values the input and perspectives of our community and appreciates the collaborative approach taken during these discussions. Consultation and feedback play an important role in ensuring our policies remain relevant, effective, and centred on the wellbeing and success of our students.

We thank our Board members for their continued commitment, insight, and dedication to supporting our school and its ongoing improvement. If you are interested in joining the School Board team, our next meeting will be held in the middle of next term, with discussions set to focus on the Connected Community School Trial. We welcome community involvement and encourage interested parents and community members to become involved. Please call Heather Fallo on 9234 6300 to find out how you can be involved.

Cake Stall

A huge thank you to all of our families and community members who donated items for our recent cake stall. Thanks to your generosity and support, the stall was an outstanding success and thoroughly enjoyed by our students and community.

The variety of delicious treats on offer was incredible, and it was wonderful to see so many people contributing to make the event such a positive and successful occasion. Your kindness, time, and effort are greatly appreciated and continue to demonstrate the strong community spirit that exists within our school.

Thank you also to the volunteers who helped organise, set up, and run the stall on the day. We are incredibly grateful for the ongoing support of our wonderful school community.

Please stay up to date with the latest information by ensuring you are connected to Connect. Both the Primary School and P&C are on Facebook, please find us there for updates and notices. The school website can be found at <https://www.ashburtondriveps.wa.edu.au/>

Kind Regards

Heather Fallo

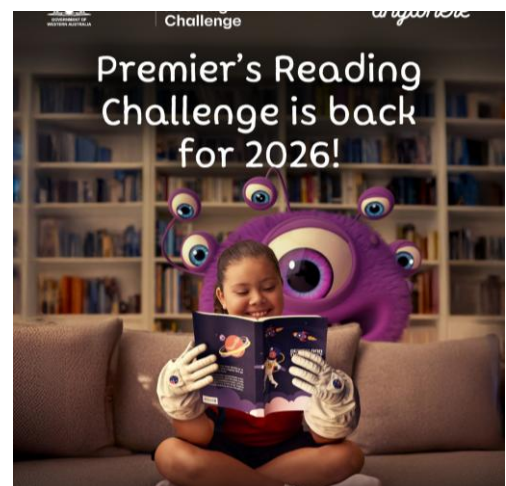
Principal



Discover the magic of reading

Register your child for the Premier's Reading Challenge! From 23 March to 12 June 2026, students from Kindergarten to Year 12 can discover the joy of reading and log their progress for a chance to win weekly prizes.

Visit premiersreadingchallenge.wa.edu.au for more information.



ROOM 17

Room 17 has been busy creating some amazing and meaningful First Nations artwork this term. Students explored their own family journeys and carefully planned how to represent these stories through art.

The process began with students drafting their ideas and developing a personal narrative about their family, connections and experiences. They then transformed these ideas into unique designs on canvas, using symbols, colours and patterns to reflect their stories in a thoughtful and respectful way.

We are incredibly proud of the creativity, effort and care students showed throughout this project, and the finished artworks are something they should all be very proud of.



What my indigenous art represents

The meeting circle in the left bottom corner represents my family- Dad, Mum, Me and my Sister. The connecting lines separates our lives and shows individual struggles in our life through the boomerangs. The meeting circle in the right side shows two of my grandmas. One from my dad's side of family and the other from my mum's side. The people dancing are my cousins from both sides of my family. On the sky my mum's side of grandpa and dad's side of grandpa is represented by the star since they are not with us anymore. The shooting star just represents some people that passed away from my life. Lastly the moon is there to show that it is nighttime.

- Fatema

Explaining my indigenous artwork. Let's observe my work first.

I have 2 meeting circles, one sun and moon then we have boomerangs representing hard challenges. The circle on the right is my dad's side. My dad, step mum, auntie, me and my three cousins. As you can see there is two connection lines. One of them are for my auntie and three cousins. They have their own plans. Now for my dad's connection line, it has its own unique journey. My mum's side, as you can see, we have a connection line on the bottom. That's representing the people that are coming in and out of our lives. Now the other connection line on the top. That's my mum's plan. The sun and moon representing the different times of the day or season. The boomerang represents the hard challenges we had to go through to reach this point.

- Arenne




The Cookie Fundraisers
have began!
Look out for forms going
home!

Happy P & C Day!!!
A very special thank you to past and present
P and C Members

THANK YOU

Why is a P&C so important? Parents & Citizens (P&C) Associations have been recognised in WA legislation for nearly a century. P&Cs are held at a very high level of regard in the WA community. The goals of P&Cs are: • to foster strong relationships between the school and the community; • to help provide resources for the school; and • to promote interest in educational matters.



THE COOKIE BARREL

About The Cookie Barrel

The Cookie Barrel has been providing scrumptious cookies to the Western Australian cafe scene for more than 20 years. They are well known for providing best quality products and have a proven history.

Quality ingredients ensure an exceptionally delicious taste that everybody enjoys.


Signature recipes to give a great taste once baked (or even eaten raw!) these cookies deliver a delicious mouthful of natural goodness.

When selecting The Cookie Barrel's signature Cookie Dough, you can select one or all of the flavours.


We haven't forgotten your beloved dog either. There is a healthy treat option for all dog lovers.

You can choose from 7 flavours, including their best sellers.

Thank you for supporting your local fundraiser.



COOKIE DOUGH




COOKIE DOUGH

Simply Delicious!
Scoop, Roll, Bake and Eat!

VOLUNTEERS NEEDED

The P & C are looking for new members to join the team! We need your brains and brawn to continue supporting the school community!

TOGETHER



WE SHINE

Uniform shop news

Open every Wednesday 8:30 am to 9:15 am. All sizes are back in stock.

Lost property is located outside the library. Please ensure everything is labelled - if it has a name, we can get it returned to you.

Thank you

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DREAM **BELIEVE** ACHIEVE

Community News

May	
Setting Boundaries Thursday 14 May 2026 12.30pm - 2.00pm Westfield Park Child and Parent Centre 11 Hemingway Drive Cannington ☎ parenting@communicare.org.au 🌐 www.trybooking.com/DKPGO	 All About Sleep Friday 15 May 2026 10.00am - 11.30am Armadale Community Family Centre 101 Challis Road Seville Grove ☎ bookings@armadalecfc.com
Raising Babies & Toddlers in a Digital World Monday 18 May 2026 9.30am - 11.30am Communicare 28 Cecil Avenue Cannington ☎ parenting@communicare.org.au 🌐 www.trybooking.com/DKPSC	 Circle of Security® Parenting Wednesdays 20 May - 1 July 2026 9.30am - 11.30am Victoria Park Community Centre 248 Gloucester Street East Victoria Park ☎ parenting@communicare.org.au 🌐 www.trybooking.com/DKPHR
Raising Children in a Digital World Monday 25 May 2026 9.30am - 11.30am Communicare 28 Cecil Avenue Cannington ☎ parenting@communicare.org.au 🌐 www.trybooking.com/DKPIK	 Kids and Anxiety Tuesday 26 May 2026 12.00pm - 2.00pm Minnawarra House 24 Numulgi Street Armadale ☎ parenting@communicare.org.au 🌐 www.trybooking.com/DKPIR
Let's Talk Toddlers Tuesday 26 May 2026 12.30pm - 2.00pm Online (Microsoft Teams) ☎ parenting@communicare.org.au 🌐 www.trybooking.com/DKPJA	 Grow them Up Thursdays 28 May - 4 June 2026 12.00pm - 2.00pm Brookman Child and Parent Centre 26 Brookman Avenue Langford ☎ cpcbrooman@parkerville.org.au

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May	June
Mealtimes and Fussy Eating Friday 29 May 2026 10.00am - 11.30am Armadale Community Family Centre 101 Challis Road Seville Grove ☎ bookings@armadalecfc.com	 'Together Again' Series Tuesdays 2, 9 and 16 June 2026 9.30am - 11.30am Communicare 28 Cecil Avenue Cannington ☎ parenting@communicare.org.au 🌐 www.trybooking.com/DKPIY
Parenting Challenges in a Digital World Monday 8 June 2026 9.30am - 11.30am Communicare 28 Cecil Avenue Cannington ☎ parenting@communicare.org.au 🌐 www.trybooking.com/DKPKN	 Parenting Across Cultures Friday 12 June 2026 10.00am - 11.30am Armadale Community Family Centre 101 Challis Road Seville Grove ☎ bookings@armadalecfc.com
Protective Behaviours Monday 15 June 2026 9.30am - 11.30am Communicare 28 Cecil Avenue Cannington ☎ parenting@communicare.org.au 🌐 www.trybooking.com/DKPLR	 Raising Babies & Toddlers in a Digital World Saturday 20 June 2026 9.30am - 11.00am Canning Bridge Early Learning Centre 113 Roberts Road Como ☎ parenting@communicare.org.au 🌐 www.trybooking.com/DKYEX
Parenting after Stressful Events Monday 22 June 2026 9.30am - 11.30am Communicare 28 Cecil Avenue Cannington ☎ parenting@communicare.org.au 🌐 www.trybooking.com/DKPS	 Parenting after Stressful Events Tuesday 23 June 2026 12.00pm - 2.00pm Minnawarra House 24 Numulgi Street Armadale ☎ parenting@communicare.org.au 🌐 www.trybooking.com/DKPS

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June	
Mindfulness and Self Compassion Friday 26 June 2026 9.30am - 11.30am Woodlupine Family Centre 88 Hale Road Forrestfield ☎ parenting@communicare.org.au 🌐 www.trybooking.com/DKQMT	 The Power of Play Friday 26 June 2026 10.00am - 11.30am Armadale Community Family Centre 101 Challis Road Seville Grove ☎ bookings@armadalecfc.com

The South East Metro Parenting Service (SEMPSS) is a free service for parents and carers of children aged 0 to 18. We're here to support you in your role as a parent, no judgment, no pressure. Just real conversations, practical tools and a team that genuinely cares.

You might like to come along to a parenting workshop, have a one-to-one chat with one of our friendly team, or join a small group to connect with other parents. Whether you're feeling overwhelmed, looking for ideas, or just need someone to talk to, we're here to help.

We cover all kinds of parenting topics including parent-child relationships, attachment, behaviour, communication, emotional regulation, sleep, feeding, toileting, play and development.

We don't claim to have all the answers, but we'll walk alongside you and share strategies you can try in your own way, in your own time.

It's free, local, and designed to support you, because parenting doesn't come with a rulebook. Join Communicare's online Parenting Community - A safe, supportive online community for local families or if you'd like to find out more or have a chat, we'd love to hear from you.

☎ 08 9251 5777
 ☎ parenting@communicare.org.au




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Program Overviews
All About Sleep (1-session program) For parents and carers of children 0-2 years This workshop helps parents understand how their babies sleep, what patterns are common in the first few months and what a healthy, safe sleep environment looks like. We will discuss what circumstances make it hard for babies to achieve a restful sleep and realistic expectations of baby's development in this ever-changing period of growth.
Circle of Security® Parenting (8-session program) For parents and carers of children 0-5 years Parenting can sometimes feel like a complex puzzle, leaving you wondering what your child truly needs from you. You're not alone in this journey. Every parent experiences moments of uncertainty, and that's where the Circle of Security Parenting Program can make a difference. The Circle of Security Parenting program looks beneath behaviour to make sense of what your child is really asking from you. It provides a 'map' to help better read your child's needs, understand your child's emotional world, support your child's ability to successfully manage emotions, build their self-esteem, support their need to build new skills, and strengthen the relationship you have with your child.
Grow them Up (2-session program) For parents and carers of children 3-12 years Parenting children can be the most rewarding and satisfying role many of us will have in our life time. This interactive workshop will help you discover new ways to build your knowledge and skills to motivate your children to achieve their goals, build strong relationships with family and friends and make good decisions in different areas of their life. Come and explore with other parents, topics such as how to improve your child's confidence and social skills, strengthen their values and identity, and create a vision that will help them achieve their dreams.
Kids and Anxiety (1-session program) For parents and carers of children 4-12 years Whilst some feelings of anxiety can be a normal part of a child's development, an increasing number of children are experiencing higher levels of anxiety that are impacting on their everyday life. This workshop aims to assist parents and carers to understand anxiety and will provide simple strategies to use at home.
Let's Talk Toddlers (1-session program) For parents and carers of children 18 months - 4 years This introductory parenting workshop assists parents and carers to better understand their toddler's world. It provides practical ideas on how you can meet your child's needs and manage challenging behaviours, whilst building a secure relationship with them.



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Community News

Mealtimes and Fussy Eating (1-session program)

For parents and carers of children 6 months - 2 years
Is your child a fussy eater? Finding it hard to establish a mealtime routine that works?

Join our Mealtimes with Fussy Eaters workshop – a practical, supportive, and educational approach designed to help your child build better eating habits and allow you to rediscover the joy of mealtimes!

Mindfulness & Self Compassion (1-session program)

For anyone parenting children 0-18 years
Dads, mums, step parents, foster carers, grandcarers all welcome.
Most of us are hard on ourselves when it comes to parenting.

Would you like to learn some mindfulness skills and practices to help you be kinder to yourself?

This workshop will look at mindfulness practice and self-compassion, and why they are vital for our well-being and can enrich our parenting.

Parenting Across Cultures (1-session program)

For parents and carers of children 0-18 years
Did you grow up outside of Australia and are now raising children inside Australia?

Meet with other parents in similar situations and share ideas and strategies that will help navigate this change whilst still preserving your family's culture and values.

Parenting after Stressful Events (1-session program)

For parents of children who have experienced stressful or traumatic life events

Have you and your family experienced a stressful event such as loss, separation, divorce, illness, family domestic violence, an accident or natural disaster, relocation or homelessness?

These experiences can be traumatic for children and result in them finding it difficult to cope, withdraw, become aggressive or behave in confusing or unusual ways.

This workshop will help inform and guide parents to better understand the effects that a stressful event/s may have on a child and provide helpful ways to start the healing process.

Parenting Challenges in a Digital World (1-session program)

For parents and carers experiencing complex challenges managing digital technology in the home.
Do you sometimes feel that technology controls every part of your child's life?

We live in a world of screens and devices, which tend to take over our lives and replace other activities. With children this can mean refusing to attend school, family conflict, tantrums and other daily challenges. This program explores the addictive nature of technology, the impact it has on children and how to reclaim the balance of technology and other activities. There will also be time to explore individual family experiences.

Power of Play (1-session program)

For parents and carers of children 0-12 years

Play is an essential activity for all children. It gives them the opportunity to develop imagination, problem solving skills and interpersonal skills. But, what does play look like in everyday life and how as parents can we set the scene for a healthy and age appropriate play environment?

This workshop will highlight the benefit and the value of play and provide parents with creative ways to interact with their child to support their development.

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Protective Behaviours (1-session program)

For parents and carers of children 3-12 years

Equip your child with the language and principles of protective behaviours to develop their personal safety, knowledge and skills.

By sharing protective behaviours with your child, you will be helping to develop life long skills of assertiveness, self-confidence, problem solving, communication, resilience and reaching out for help when needed.

Raising Babies & Toddlers in a Digital World (1-session program)

For parents and carers of children 0-3 years

In today's digital age, technology is an integral part of our lives—and it's increasingly influencing the lives of our children from a very young age.

Our workshop, "Raising Babies and Toddlers in a Digital World," is designed to equip parents with essential tools and strategies to ensure that technology supports, rather than hinders, their child's development.

Additionally, we'll provide guidance on preventing future problems by addressing potential pitfalls early on and offering proactive solutions to support a healthy and balanced relationship between your child and technology.

Raising Children in a Digital World (1-session program)

For parents and carers of children 4-12 years

Join our free program to learn strategies for managing technology in your home and supporting your child's growth in the digital age.

In this program, you'll discover how to:

- Understand the impact of technology on your child's social, emotional, and cognitive development.
- Set healthy screen time boundaries and create a safe digital environment.
- Support your child's digital literacy and online safety.
- Use technology to enhance learning and development, rather than detract from it.

Our facilitators will guide you with practical tips for raising confident, responsible kids in today's tech-driven world.

Setting Boundaries (1-session program)

For parents and carers of children 2-12 years

Setting limits whilst still being a loving parent is an important part of raising responsible children.

This introductory program addresses what boundaries are, why they are important and how parents and caregivers can help children develop boundaries for themselves.

Tuning in to Kids® (6-session program)

For parents and carers of children 3-12 years

This interactive workshop will help parents and carers teach their children to understand and regulate their emotions. Children with good emotional intelligence often have better emotional, social and physical functioning, as well as fewer behavioural difficulties.

Tuning in to Kids® is a parenting program that aims to provide helpful ways of teaching children the skills of emotional intelligence.

Triple P Parent Term 2 Workshops

The online term 2 workshops are now available for families to book in, Please click on the QR code below to register.

- Triple P: Stepping Stones: Positive Parenting for Children with a Disability 11 May, 8-10 pm.
- Triple P: Fear-Less: 12 May, 7-9.30pm.
- Triple P: Developing Mealtime Routines - "Power Hour": 22 May, 12 – 1pm.
- Triple P: Helping Children develop Healthy Screentime Habits: 25 May, 8-10pm.
- Triple P: Developing Bedtime Routines for Toddlers "Power Hour": 5 June, 12 – 1pm.
- Triple P: Raising Confident Capable Children: 8 June, 8-10pm.



NDIS Q&A FUNDING & CHANGES

Navigating NDIS Funding and Changes.

A Supportive Q&A Drop-In Session for Families with Children Under the Age of 9.



Dates: Tuesday 26 May 2026

Arrival Time: 8.45am

Starting Time: 9.00am – 11.00am

Venue: Wirrabirra Primary School-Library, 71 Corfield Street, Gosnells

Bookings: Bookings are essential! FREE Creche

Call 9398 8720 or email CPCGosnells@centrecare.com.au

FREE

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In partnership with

