

Current Services and Wellbeing Directory

For the Community of Ashburton Drive Primary
School Gosnells



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Edited by Relationships and Partnerships Committee, current as of July, 2024

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This booklet is to provide the community of Ashburton Drive Primary School with local support agencies.

Relief and Support

- Closest Centrelink Offices to ADPS are:
 - Centrelink- Gosnells
 - 94 Lissiman Street, Gosnells WA 6110
 - Centrelink- Cannington
 - 1296 Albany Highway, Cannington WA 6107
 - Centrelink- Armadale
 - 42 William Street, Armadale WA 6112



Food Banks and Relief

- Communicare Emergency Assistance
(08) 6370 1000
Provide phone appointments to assess suitability for Coles electronic food vouchers.
- Crossways
(08) 9495 2033
225 Railway Av, Kelmscott WA 6111
Provide emergency relief such as access to food and offering referrals to other support agencies.
- Salvation Army Gosnells
(08) 9398 2244
42 Goodall Street, Gosnells, WA 6110
Provide emergency relief such as food assistance to those in Gosnells.
- William Langford Community House
(08) 9350 6236
82 Langford Ave, Langford WA 6147
Provide emergency relief to eligible residents of City of Canning and Gosnells on low income.



- Foodbank Store (REFERRAL REQUIRED)
(08) 9258 9277 - Foodbank Team
 -To get a referral- fee-call: The Emergency Relief and Food Access Service on **1800 979 777**, 9am – 5pm Monday to Friday
 -<https://waconnect.org.au/> -Visit the WA Connect website.
- Champion Family- The Champion Project (REFERRAL)
08 9390 0311
18a Gillam Dr, Kelmscott WA 6111
<http://www.thechampionproject.org.au/>
 Provides a meal delivery program delivering a 3-course meal to families and individuals in Armadale and the surrounding suburbs. Agencies must refer the individuals in need of support.
- Minnawarra House
Address: Minnawarra House, 24 Numulgi St, Armadale
Contact number: 9497 1413
Email: minnahouse@bigpond.com
Office hours: 9.30AM- 3PM Monday- Thursday
 - FOR CONCESSION CARD HOLDERS: Bread, and frozen soup available Tues 9.45-10.30am. Runs all through term, except on days after Monday public holidays.
Emergency Food Relief: Food hampers are available on Wednesday mornings - please ring to book an appointment.
Can provide a referral to Mobile Foodbank WA (discounted food boxes).

Legal Assistance

- Gosnells Community Legal Centre Inc
(08) 9398 1455
 Provide phone appointments to provide financial counselling.
- Free Legal Advice
 Legal Aid WA offer free legal services and advice throughout WA and are still operating through this time.
Visit <https://www.legalaid.wa.gov.au> for more information or phone 1300 650 579.

- Patrick Mungar
93981455
Gosnells Community Lotteries House, 2232C Albany Highway, Gosnells WA, Australia
 OPEN: 9.30AM- 4PM Tuesday to Friday
 PREFERABLE TO PROVIDE: Centrelink ID
 Concession Card
 Health Care Card
 Outstanding Invoices
MUST MAKE APPOINTMENT, NO WALK-INS

For a search engine of emergency relief services, **visit** the Department of Social Services Grants Service Directory. (Note services may be suspended or amended due to COVID-19).

Homelessness Support

- Anglicare WA Gosnells
08 9394 9200
Astley Street, Gosnells WA, Australia
OPEN: 9AM-5PM Monday to Thursday
 Offers homelessness support services and financial services

Family Domestic Violence Support and Refuges

Reports and experts are confirming a recent surge in the demand and complexity of Family and Domestic Violence (FDV) cases worldwide. Many services have experienced an increase in client numbers since the COVID-19 outbreak.

Situations of intimidation, control, violence and abuse specifically related to coronavirus are emerging; financial pressures, misinformation about the virus and withholding necessary items. Instructions to socially distance and stay at home create an increase risk to victims and children, who might be home from work or school.

If you or someone you know is at risk or may be impacted by FDV, available support includes:

- If someone is in IMMEDIATE PHYSICAL DANGER, call the Police on 000
 OR;

Crisis Care- (08) 9223 1111 or Country Free call 1800 199 008
(Run by WA Department of Communities, Child Protection and Family Support - a telephone information and counselling service for people in crisis needing urgent help. Operates after hours, 7 days a week).

- 1800 Respect National Helpline – 1800 737 732
- WA Women’s Domestic Violence 24HR Helpline – 1800 007 339
- WA Men’s Domestic Violence Helpline- 1800 000 599
- Lifeline (24-hour crisis line): 131 114
- Relationships Australia- 1300 364 277
- Kids Helpline on 1800 551 800

Women’s Councils for Domestic and Family Violence Services (WA)

<http://www.womenscouncil.com.au>

Or call on (08) 9420 7264

Refuges and Support:

- Zonta House Refuge Association
1800 870 149
Visit <https://zontahouse.org.au/>
OPEN AT ALL TIMES
Provides accommodation, Domestic & Family Violence Support Services Information, Support & Referrals
- Anglicare WA Gosnells
08 9394 9200
Astley Street, Gosnells WA, Australia
OPEN: 9AM-5PM Monday to Thursday
Offers domestic & Family Violence Support Services, along with family support
- Patrick Mungar
93981455
Gosnells Community Lotteries House, 2232C Albany Highway, Gosnells WA, Australia
OPEN: 9.30AM- 4PM Tuesday to Friday
PREFERABLE TO PROVIDE: Centrelink ID
Concession Card
Health Care Card
Outstanding Invoices
MUST MAKE APPOINTMENT, NO WALK-INS

- Starick Crisis Accommodation
(08) 9458 1107
info@starick.org.au
Provides crisis accommodation and support at the refuge centres. Call to speak to a support worker
- Starick “Safe at Home”
6290 2816
Gosnells Community Lotteries House, Albany Highway, Gosnells WA
If you want to stay in your home safe from an abusive partner or family member and that person is no longer living at the property, our Safe at Home program can offer practical advice and support. We also have a Safe at Home program specifically for Aboriginal women.
- Starick Outreach
(08) 9398 5039
Gosnells Community Lotteries House, Albany Highway, Gosnells WA, Australia
If you are experiencing domestic and family violence but are unable or unwilling to stay in a refuge, contact our outreach worker on the number given to discuss the range of free services we offer or walk into Starick’s outreach services office at Community Lotteries House, 2232 Albany Highway, Gosnells.
- The Champion Project
08 9390 0311
18a Gillam Dr, Kelmscott WA 6111
<http://www.thechampionproject.org.au/>
 - Assists women who have experience of family and domestic violence, to break free by providing a sanctuary of protection and support while developing their skills and talent through creating artwork.

CALD SUPPORT

- Multicultural Communities Council of WA
08 61962818
2232B Albany Highway, Gosnells WA, Australia
OPEN: 9AM-4PM MONDAY to FRIDAY
APPOINTMENT NEEDED
MUST PROVIDE ONE: Centrelink ID/ ID with Address
Seniors Card/ Healthcare card/
Concession Card

Health and Wellbeing

Local GP Offices

- Gosnells Medical Clinic

Address: 1/2194 Albany Highway, Gosnells WA 6110

Contact number: (08) 9490 3330

Open hours: 8:30AM – 5PM Monday to Friday, 9am - 1pm Saturday and Sunday

- Services offered at this mixed-billing practice include preventative health care, skin cancer checks, acupuncture, postnatal care, childhood immunisation, travel medicine, mental health services as well as a Pathology Service located within the Clinic.

- Gosnells HealthCare Centre

Address: 2350 Albany Highway, Gosnells WA 6110

Contact number: (08) 9398 7388

Open hours: 8:00AM – 5PM Monday to Friday, closed Saturday and Sunday

- Services offered at this mixed-billing practice include general health, women's clinic, men's health, travel medicines and vaccinations, health checks, chronic disease management, lung function test, immunisations, veterans affairs, pathology, bone density testing, Aboriginal and Torres Strait Islander health, minor procedures.

- Tandara Medical Group

Address: 122-126 Stalker Road, Gosnells WA 6110

Contact number: (08) 9234 7000

Open hours: 7AM - 6PM Monday to Friday, closed Saturday and Sunday

- Services offered at this mixed-billing practice include men's health, women's health, child health, chronic disease management, minor surgical procedures, occupational health, mental health, diabetes risk assessment, asthma management, skin cancer checks, 45-49 year old free health check, 75 years and older health assessments.

Mental Health Services

The Mental Health Emergency Response Line (MHERL) is available 24 hours a day to metro callers on 1300 555 788 (local call) and Peel callers on 1800 676 822 (free call).

- Minnawarra House

Address: Minnawarra House, 24 Numulgi St, Armadale

Contact number: 9497 1413

Email: minnahouse@bigpond.com

Office hours: 9.30AM- 3:30PM Monday- Thursday

Referral form, self-referral (*Appendix 1*) or call to book/register

- Provide a counselling service to young people between 10 and 18 years of age, and their families. For individual Counselling, Relationship Counselling or advice on Parenting.
- Programs aimed at supporting families through social, practical and therapeutic groups- open to residents of Armadale and the South-East Metro area. Most groups welcome people of all ages.

- Armadale Mental Health Service- Eudoria Street Centre

Address: Eudoria Street Centre, 88 Eudoria Street, Gosnells, WA, 6110

Contact number: (08) 9398 6600

Open hours: 8.30am - 4.30pm Monday to Friday, CLOSED weekends and public holidays

- Provides outpatient services to adults (aged 18 to 65) with a wide range of acute and enduring mental health disorders. Service is a maximum of 10 weeks of care.
- **For referral form:**
<https://www.ahs.health.wa.gov.au/Our-services/Mental-Health/Adult-Mental-Health-Programs>
- Referrals can be made by GPs, private practitioners, Emergency Departments, self-referral, family/carers and other community mental health services.
- **After-hours support:** Any person requiring after-hours mental health support can contact the ATT on 9391 2400: from 4.30pm to 10pm (Monday to Friday) from 8am to 10pm (weekends and public holidays).

- AIM Therapy for Children - Gosnells

Address: Unit 4, 57 Wheatley Street, GOSNELLS, WA, 6110

Contact number: 08 6150 8339

Email: reception@aimtherapy.com.au

Open hours: 9am - 5pm Monday to Friday, CLOSED weekends and public holidays

- AIM Therapy offers multidisciplinary assessment and therapy, both individual and group services. Services include:
 - * Occupational Therapy
 - * Speech Therapy
 - * Psychology
 - * Physiotherapy
 - * School, day care and home visits
- Registered with NDIS, Medicare and Private Health for a range of funding options.
- CALL OR EMAIL FOR BOOKING

- Anglicare WA Gosnells

Contact Number: (08) 9394 9200

Address: Astley Street, Gosnells WA, Australia

Open hours: 9AM-5PM Monday to Thursday

- A wide range of support offered including; counselling and separation services, disability support, family and domestic violence support, financial assistance, housing and homelessness, mental health and suicide prevention, parenting support, sexual abuse support services, Aboriginal communities support, and youth services.

- Wanslea

Contact Number: (08) 9245 2441

Website: <https://www.wanslea.org.au/>

Address: 122 Forrest Rd, Armadale WA 6112

Open hours: 8AM-5PM Monday to Friday

Programs CUSP, SKIPS and COPMI for mental health

- Partner with ADPS, referral process is through the school

- Thrive Therapy and Consulting Services

Contact Number: (08) 6244 4397

Email: reception@thrive-therapy.com.au

Address: Unit 4 / 57 Wheatley Street, Gosnells WA 6110

- Offers specialised occupational therapy and mental health service for children and teenagers aged 1-17,

including occupational therapy assessment and treatment, mental health treatment and counselling, school visits and group therapy programs.

Youth Centres

- The Castle

Address: 21 Discovery Drive, Thornlie WA 6108

Contact Number: (08) 9397 3000

Email: youth@gosnells.wa.gov.au

- A space for 10 - 18 year olds where various youth programs including Young Change Makers, Chillzone, Art Studio and Social Sisters are run. Youth workers are available for support and referrals if needed.

- The Nomad Wandering Youth Space

Address: 8 Wingrove Road, Langford WA 6147

Contact number: (08) 9397 3136

Email: youth@gosnells.wa.gov.au

Open hours: 9am - 5:30pm Monday

- A trailer with activities such as Wii gaming, sports equipment, sound system and art supplies.

- The Shack

Address: 101 Ashburton Drive, Gosnells WA 6110

Contact number: (08) 9397 3131

Email: youth@gosnells.wa.gov.au

Open hours: 2:30pm - 5:30 pm Monday, Tuesday, Thursday

- A youth space situated next to the Skate Park containing various activities and youth workers available.

- The SoundLab Youth Centre

Address: 2 Holmes Street, Southern River WA 6110

Contact number: 9397 3137

Email: jsmit@gosnells.wa.gov.au

Open hours: Currently closed for renovations. Scheduled to reopen in May.

- Digital recording studio and live music venue, with music and recording programs.

- Minnawarra House

Address: Minnawarra House, 24 Numulgi St, Armadale

Contact number: 9497 1413

Email: minnahouse@bigpond.com

Office hours: 9.30AM- 3PM Monday- Thursday

Referral form or call to book/ register

- Youth centre provides mental health support and several courses for children and youth.

- Champion Gym- The Champion Project

08 9390 0311

18a Gillam Dr, Kelmscott WA 6111

<http://www.thechampionproject.org.au/>

- Based in the central hub on Gillam Drive. This project aims to assist people struggling with mental health issues by encouraging them to achieve positive life goals and to improve physical fitness and life choices.

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MINNAWARRA HOUSE

Referral Form

Referral Date:

CLIENT DETAILS

Client Name: _____ M / F Date of Birth: _____

Parent/Guardian: _____

Phone: _____